

Traditional Yang Shi Taiji Quan Workshop

Conducted by ShiFu James GAO



THIS GEMPACKED ONE-DAY WORKSHOP INCLUDE:

- Dive deep into Grandmaster Yang Chengfu "Ten Guiding Principles"
- Apply the guiding principles in your Solo (form) training
- Develop Tai Chi Jin (Internal Power) through form and push-hands practice

The workshop details can be found at www.meridian-connection.com.au
TO SECURE THIS RARE OPPORTUNITY, **REGISTER NOW**